

Mental Health Nursing – I & II

Time : 3 Hrs

Max. Marks : 63.00

Version :

Question Booklet Sr. No. :

Section B

Que2.Essay / Situation Type (Solve any 2 out of 3)

(2x15=30.00)

a.

Explain Mental Health Agencies: Government and voluntary, National, and International with examples

b.

Explaining Sexual Disorders: Definition, Types, and Nursing Management of Patients with Sexual Disorders.

c.

Explain the rehabilitation and the Nursing Management of patient with schizophrenia

(5x5=25.00)

Que3.Short Notes (Solve any 5 out of 6)

a.

Explain Techniques of counseling

b.

Difference between Institutionalization versus Deinstitutionalization

c.

Mental health nursing issues for special population HIV/AIDS

d.

Explain Types of psychiatric emergencies

e.

Explain Amnestic disorders

f.

Explain Delirium tremens

Que4.Very Short Notes(Solve any 4 Out of 5) :-

(4x2=8.00)

a.

List Types of crisis

b.

CBT

c.

Disorder of volition

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d.

Define stupor

e.

Difference between narcotic and psychotropic substances

Section B

Que2.Essay / Situation Type (Solve any 2 out of 3)

(2x15=30.00)

- a.
- A. A 26-year-old man presents with delusions that the government is monitoring him via television and that neighbors are poisoning his food. He is highly suspicious, agitated, and struggles to converse due to intense suspicion/paranoia.
- Define Schizophrenia and enlist types of Schizophrenia (3 Marks)
  - Describe the key characteristics for Paranoid Schizophrenia (5 Marks)
  - Outline the nursing care plan for this patient, prioritizing interventions related to trust, managing delusions, and safety (7 Marks)
- b.
- Define therapeutic communication (3) marks
  - Explain about Johari window (5) marks
  - Explain in detail about therapeutic impasses and its management. (7) marks
- c.
- A. A 26-year-old man has been admitted to a psychiatric hospital following a relationship failure. He expresses feelings of worthlessness, meaninglessness, has closed all his social and bank accounts, and has been diagnosed with severe depression and active suicidal ideas.
- Define Major Depressive Disorder (3) Marks
  - Explain the psychopathology of his condition (5) Marks
  - Enlist priority wise nursing diagnosis for this patient and write nursing care plan based on two priority needs (7) Marks

Que3.Short Notes (Solve any 5 out of 6)

(5x5=25.00)

- a.
- Define defense mechanism list commonly used defense mechanism and briefly explain any one common types with example.
- b.
- Identify and describe five effective therapeutic communication techniques a nurse can use when interacting with a psychiatric patient.
- c.
- Role of Nurse in Pre Electro Convulsive Therapy care.
- d.
- Differentiate between Psychosis and Neurosis.

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Describe Trends and issues in Psychiatric Nursing

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Describe role of Disulfiram (Antabuse) in Alcohol deterrent therapy.

**Que4. Very Short Notes (Solve any 4 Out of 5) :-**

**(4x2=8.00)**

a.

List Extra pyramidal symptoms

b.

Enlist Etiological Factors of Mental illness

c.

Differentiate between a hallucination and an illusion, providing a brief example of each.

d.

Enlist drugs used as mood stabilizers

e.

/  
Enlist contra-indications of ECT

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